



# EMERGE

EMPOWERING civic Engagement and participation

## Citizen Empowerment Course

Module 4 | Unit 2

Worksheet



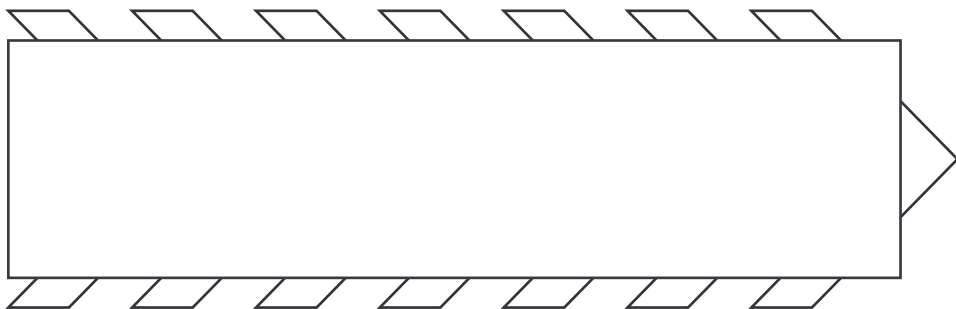
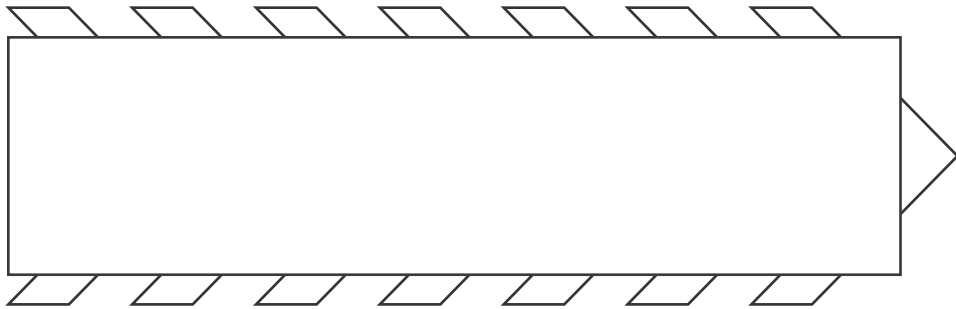
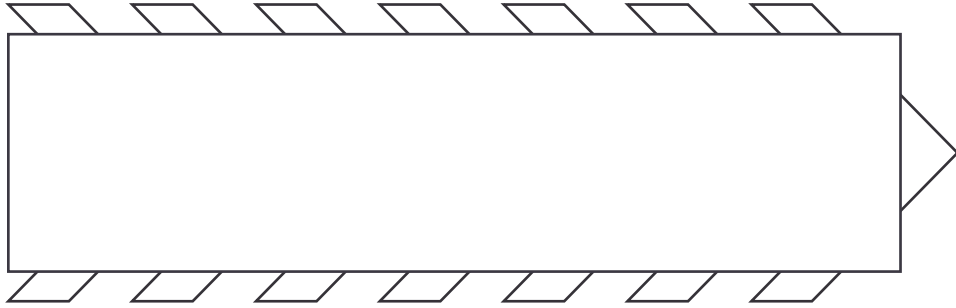
**Activity:** Constraints and Motivations for Active Citizenship and Engagement

**Objective:** The objective of this activity is to explore the constraints that prevent people from being active citizens and to brainstorm suggestions for actively engaging people in social and civic issues.

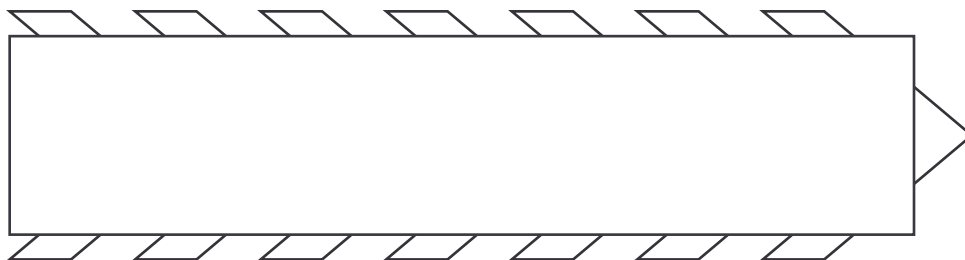
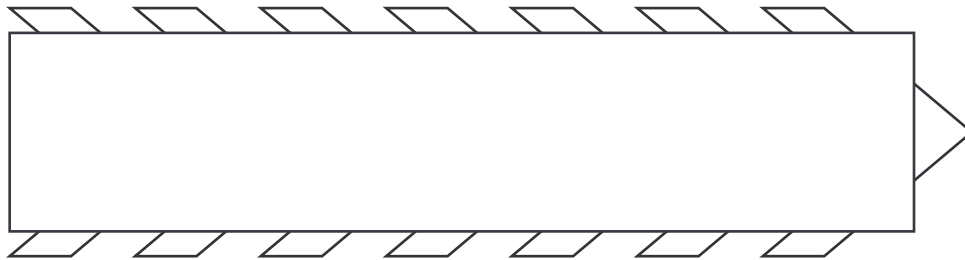
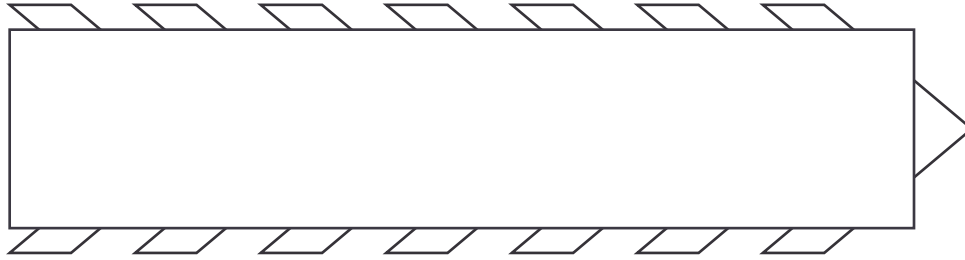
**Instructions:**

- Form small groups of 4-6 members. Begin by engaging with the concept of active citizenship and civic engagement. Acknowledge the role of active citizens in participating in their communities and contributing to positive societal change.
- In your groups, brainstorm reasons that might prevent people from being active citizens. Consider personal, societal, and structural factors. Spend 10-15 minutes on this task. After brainstorming, reconvene as a whole class. Share your group's findings. The facilitator will record these reasons on a whiteboard or flipchart for everyone to see.
- Engage in a discussion to identify common themes from the shared reasons. Reflect on the motivations or beliefs behind these barriers. Next, shift your focus to finding solutions. Brainstorm strategies, initiatives, or approaches to engage people in active citizenship. You have another 10-15 minutes for this.
- Share your group's strategies with the larger group. These ideas will be written down for collective viewing. Discuss the potential effectiveness and feasibility of these strategies, and consider how they address the barriers identified earlier.
- As a closing activity, reflect on the most compelling barriers and promising engagement strategies. Think about how you can personally contribute to promoting active citizenship.

**1. Identify some reasons that prevent people from being socially engaged**



## 2. Identify strategies that can enhance Active Citizenship





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