



Citizen Empowerment Course

Module 4 | Unit 1

Worksheet



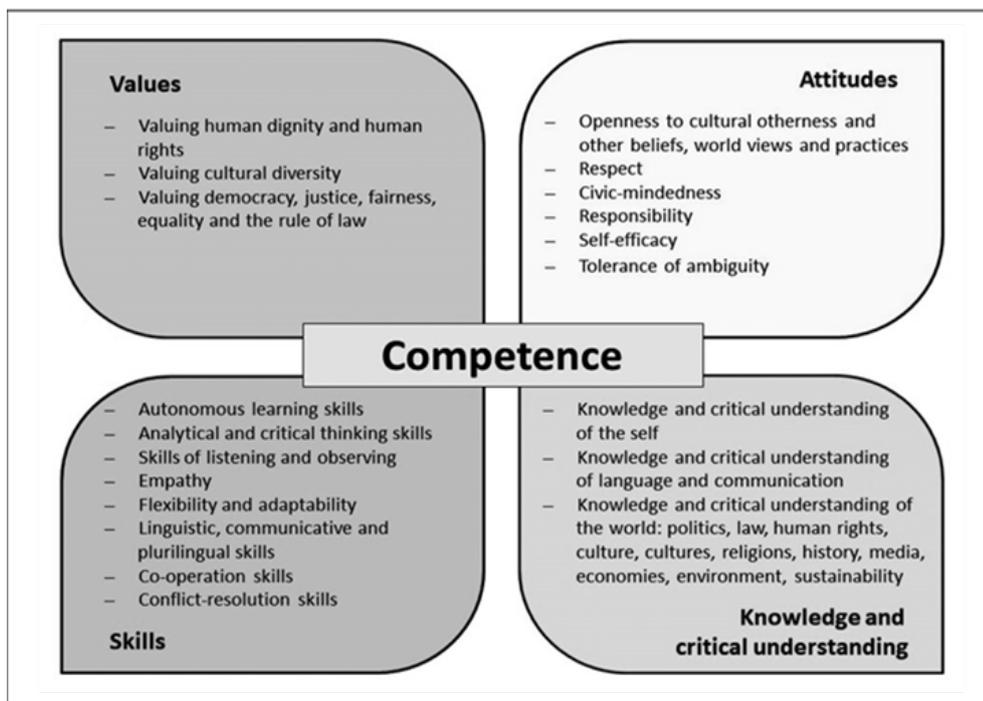
Activity: Identify Citizenship Competences

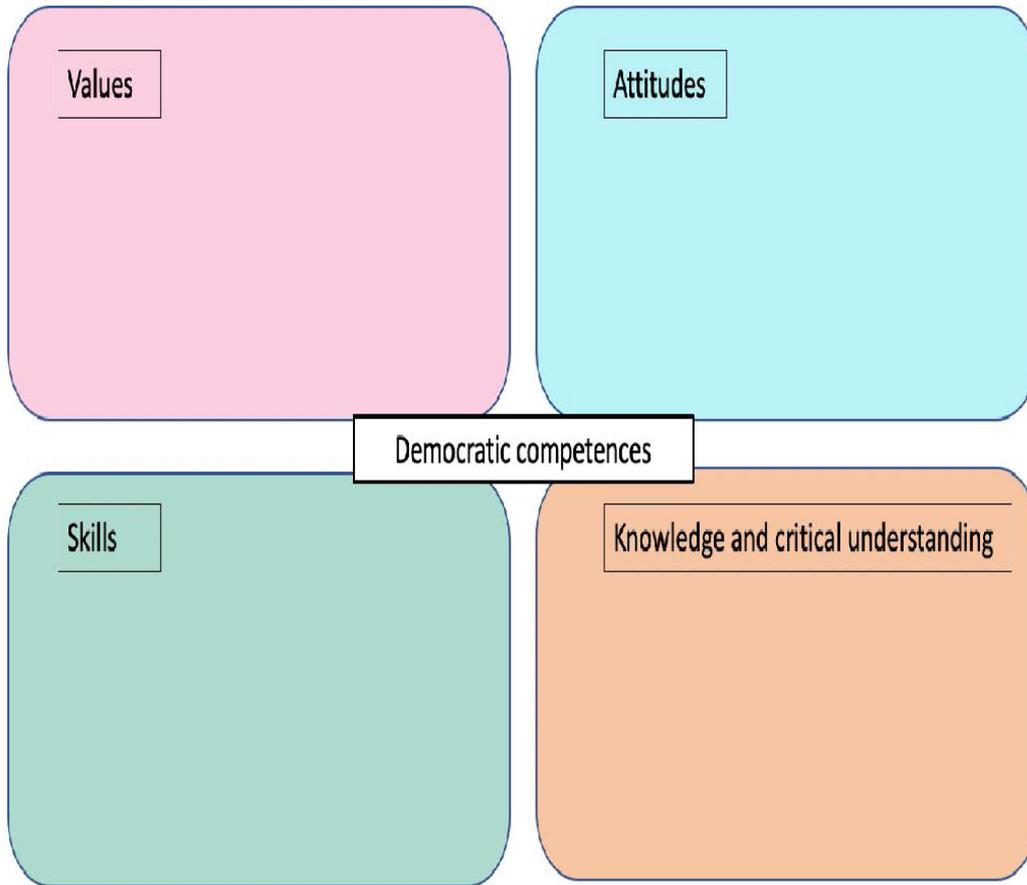
Objective: This activity is designed to help you reflect on and identify key citizenship competences that you aim to develop further. By focusing on specific areas, you can better understand your personal growth goals in the context of being an active, informed, and responsible citizen.

Instructions:

- Browse through the competences listed under each of the five categories: Values, Attitudes, Skills, Knowledge, and Critical Understanding.
- From each category, select two competences that you feel are most relevant to your personal development goals. These might be areas you find challenging, or skills you wish to enhance.
- Next to each chosen competence, write a brief explanation of why you have selected it. This could be a reflection on how this particular competence will benefit you personally, contribute to your career, or enhance your role as a citizen in your community.
- You have a total of 10 minutes to complete this task. This time limit is set to encourage quick thinking and instinctive choices, reflecting your immediate priorities.

FIG. 1. *The 20 citizenship competences required for participating effectively and appropriately in democratic situations, according to the RFCDC*







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